

DIETETICS DEPARTMENT

Nutrition is a basic human need and a prerequisite to a healthy life. A proper diet is essential to meet the daily needs of humans to remain healthy and in disease free condition.

Daily ward rounds are taken by the dietitians in their respective wards and diet is prescribed/implemented in consultation with the doctors. Individual diet counselling along with diet chart is provided to indoor as well as outdoor patients.

Clinical Rounds:

- A Standard Operating Protocol (SOP) has been formulated in order to provide right diet of good quality & adequate quantity to the inpatients.
- Dietician conduct daily bed to bed ward rounds and sees the doctor's instruction regarding diet based on diagnosis.
- Observe the condition of the patients in terms of his/her illness, appetite, oral tolerance vis-à-vis requirement
- Required diet modification Is done as per requirement, after consultation with treating doctor.
- Briefly counsel the patient's attendant regarding the diet to be provided from the hospital
- Get feedback regarding the diet acceptance or tolerance by the patient

Dietetics Department Consultations, 2021:

Hospital	OPD	IPD
HBCH	369	2087
MPMMCC	3429	9601

Staff Members:

Asst. Dietician	Ms. Navneet Kaur, (Adhoc) Ms. Anjali Priya, (Contractual)
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