

## PHYSIOTHERAPY DEPARTMENT

The Physiotherapy Department is successfully providing patient care at Homi Bhabha Cancer Hospital, since November, 2018 and at Mahamana Pandit Madan Mohan Malviya Cancer Centre, since August, 2020. The team provides patient care in treating patients on IPD basis in ICU, Recovery, Paediatric & Adult Wards as well as on OPD basis.

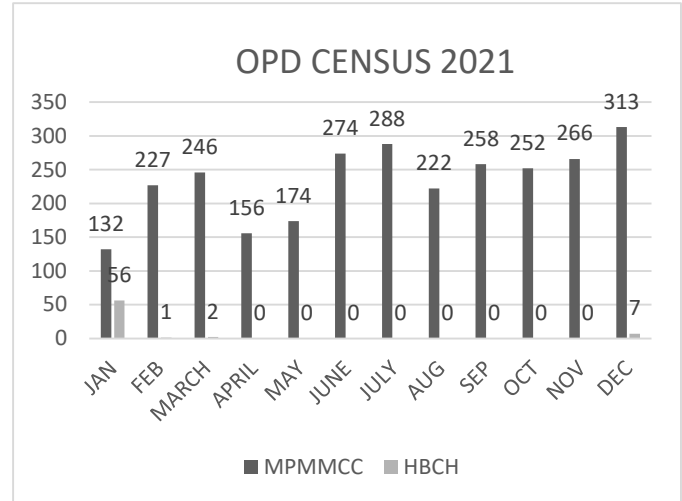
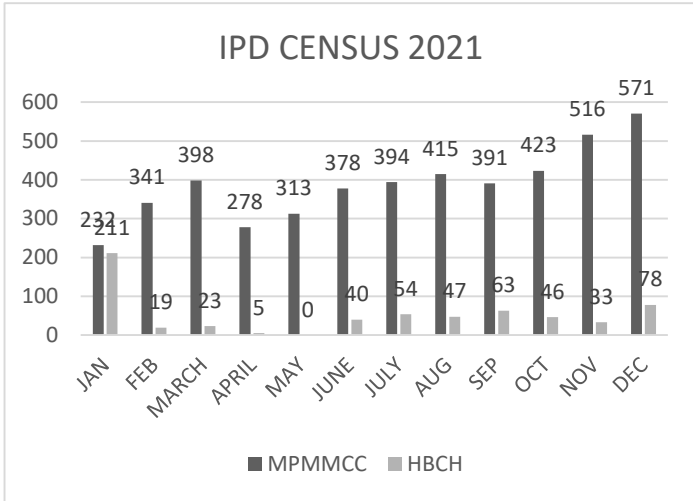
The services provided by the department include:

- Evaluation, diagnosis and management of movement dysfunction and enhancement of physical and functional abilities.
- Restoration, maintenance and promotion of optimal physical function, fitness and optimal quality of life.
- Prevention and treatment of disabilities, that may result from diseases or as a side effect of treatment.
- Evaluation, management and regular follow up of upper limb, lower limb and facial lymphedema patients.
- Conducting ‘Pulmonary Rehabilitation session’ for pre-operative patients, especially from Thoracic and Gastrointestinal unit, to create awareness about post-operative complications and its prevention.
- Conducting ‘Post-Operative Breast session’ to create awareness about precautions and exercises to prevent lymphedema and reduce shoulder morbidity.
- Evaluation, management and regular follow up of elderly patients under ‘Geriatric Clinic’ in collaboration with Medical Oncology Department.
- Collaboration with other healthcare professionals to address patient needs and provide efficient and effective care.

The Department has treated approximately 530 patients in pre-operative ‘**Pulmonary Rehabilitation Session**’ and approximately 700 patients in ‘**Post-Operative Breast Session**’. The department has distributed free of cost artificial breast prosthesis along with innerwear to 23 low socio economic strata patients, who had undergone mastectomy.

Apart from this, department has started 1 year (6 months training+ 6 months’ internship) ‘**Onco-Physiotherapy Course**’ successfully, and is getting good response from peripheral colleges.

Around 2808 OPD and 4650 IPD patients at MPMMCC and around 66 OPD and 619 IPD patients at HBCH, have been treated in 2021. Services continued even during COVID pandemic als.



**Staff Members:**

<b>Scientific Assistant B</b>	Dr. Dipti Kadu Dr. Ankita Chitre
<b>Physiotherapist (Adhoc)</b>	Dr. Sumaiya Azeem